

# Return to Cricket

## Phase 3 Guidance

Valid from 13<sup>th</sup> July 2020

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### 1 Introduction

Following the announcement on 9<sup>th</sup> July by the Scottish Government, Phase 3 of the route map for cricket will commence on 10<sup>th</sup> July. This will allow larger groups of adults and youths to train and exercise in a formal setting.

Please note that Phase 2 guidance remains in place for club activities other than the key changes as part of Phase 3. The key changes to this phase are:

#### Adults

- Up to **15** individuals from no more than **five** households can take part in outdoor cricket activity
- Non-professional adult contact sport will not resume before the 31<sup>st</sup> July.

Please note, Cricket Scotland continues to engage with **sportscotland**, seeking approval for the resumption of adult cricket fixtures in August. However at this stage there is no indication that this will be approved.

#### Children and Young People

- **From 13<sup>th</sup> July** - Up to **ten** U12's from different households may take part in a group activity with no requirement for social distancing
- **From 13<sup>th</sup> July** - Up to **ten** 12 to 17 year olds from different households may take part in a group activity with no requirement for social distancing, however they must comply with the general population guidance (including social distance etc) before and after the activity.

This increase in the number of participants has been agreed upon, taking into consideration the ability to effectively manage the NHS Scotland Test & Protect strategy, in the event of any reported positive tests.

### 2 General Guidance for Clubs

- Clubs are advised to appoint a COVID Monitor to ensure all 'best practice' guidance is followed by all members - players, coaches and club volunteers alike – promoting a safe & confident practice at training or junior camps.
- The COVID Monitor should retain all session registers for their allocated groups and act as first point of contact for NHS Scotland Test & Protect staff in the event of any reported positive tests.

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- Clubhouses and indoor facilities should remain closed to members other than for access to toilets.
- Clubs with bar and catering facilities can operate an outdoor service for hospitality services. From 15<sup>th</sup> July, licensed premises will be able to open indoors.
- Only members should attend the club.
- A booking system for net and other outdoor space to manage access and demand. For clubs that are part of a larger sports facility, we recommend engaging with the other sports if they are also using a booking procedure
- Clubs should communicate with coaches, players to ensure they understand the new procedures to keep everyone safe.
- Ensure there are enough first aid qualified officials and adequate first aid provision at all training sessions.
- Complete risk assessments prior to any session.
- Liaise with your insurers to check that you're covered for all activity offered.

### 3 Guidance for Children and Young People

This guidance applies to all cricket clubs with a junior section and is in accordance with the Scottish Government 'Phase Three' guidelines published on 9 July 2020 and can be implemented from Monday 13 July.

This guidance relates to children & young people under 18 years old.

- During organised training sessions only, Children & Young People can participate in groups of up to **TEN** players and **TWO** coaches (max).
- During training, players do not need to adhere to physical distancing whilst on the pitch, but all adult coaches must maintain two metre physical distancing at all times.
- For young people aged 12 to 17, social distancing measures must be adhered to before and after the training session.
- Children under 12 are not required to socially distance.
- For training sessions and holiday camps, the maximum duration of a continued session is three hours.
- Game based activity is permitted within the group of **Ten** players

#### Minimising Risk for Children & Young People

- Younger groups use plastic equipment and disinfect at the end of each session.
- Minimise sharing of equipment as much as possible.
- Participants sanitise hands at the start and end of each session and in breaks.
- Use plastic balls where possible e.g. windballs, incrediballs, bowling machine balls
- Sanitise shared balls and hands regularly (every 20 minutes)
- Participants take part in solo activity, before moving to pairs activity.
- Participants to operate in the same pair for the length of the session.

- The Coach should be the only person who can touch training equipment e.g. cones

#### 4 Guidance for Coaches

Coaches are responsible for the safety of the players and should be fully aware of their own club's policies and those of any venue(s) used.

- Clearly communicate your procedures with registered parents & players PRIOR to attending any coaching session.
- All coaches must retain a copy of the register for every session they lead as back-up in the event of any admin issue.
- Ensure there are enough first aid qualified officials and adequate first aid provision at all training sessions.
- Complete risk assessments prior to any session.
- Coaches and volunteers over 70 years old and from high risk groups should self-assess whether they should attend training sessions. Consult your doctor for advice if you are unsure.
- Arrive in time to ensure that the training is ready so when players arrive they can start immediately
- Ensure all players train in clearly marked out areas. For guidance on appropriate spacing on a pitch click [HERE](#)
- Make sure that the activity is appropriate for the age and stage of player.
- Ensure everyone is aware of your Child Wellbeing & Protection policy.
- When coaching children and young people, clearly communicate to attendees and parents:
  - The rules to players in advance of training sessions.
  - Ensure attendees are advised to come to the training session in coaching kit as dressing rooms should remain closed.
  - Bring your own water bottle clearly marked to ensure no sharing.
  - Where possible, come to the venue on foot or by bicycle and avoid using public transport.

#### Useful Links

Scottish Government re-opening of school aged services [HERE](#).

Scottish Government outdoor childcare guidance [HERE](#).

Getting Your Facility Fit for Sport guidance [HERE](#).

sportscotland Guidance for Coaches [HERE](#).

Cricket Scotland COVID Page [HERE](#)

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## RETURN TO CRICKET ROUTE MAP

The following guide identifies a route map for the return of club and recreational cricket in Scotland and is aligned to the Scottish Government roadmap back to sporting activities.

Cricket Scotland understands this is an evolving situation and will continue to consult with sportscotland, the Scottish Government and the Regional Associations and will provide further updates when appropriate.

The wellbeing of all participants in, and supporters of, the sport is, of course, the most important factor in these unprecedented times.



LOCKDOWN 23 MARCH - 27 MAY	PHASE ONE 28 MAY	PHASE TWO 29 JUNE	PHASE THREE 10 JULY	PHASE FOUR TBC
<i>All activities must observe Scottish Government recommended social distancing measures</i>				
<ul style="list-style-type: none"> <li>Exercise outdoors once a day</li> <li>Travel locally only</li> <li>No sport in public areas</li> </ul>	<ul style="list-style-type: none"> <li>Exercise outdoors more than once</li> <li>2 households, max 8 people</li> <li>Travel circa 5 miles for recreation</li> </ul>	<ul style="list-style-type: none"> <li>Re-opening of sports clubs</li> <li>Resumption of professional sport</li> <li>Larger groups outdoors permitted</li> </ul>	<ul style="list-style-type: none"> <li>Able to meet with people from more than one household indoors</li> <li>Re-opening of outdoor cafes and bars</li> <li>Increased retail opening</li> </ul>	<ul style="list-style-type: none"> <li>Further relaxation on live events permitted</li> <li>Further relaxation on gatherings</li> <li>Re-opening of gyms and outdoor sports</li> </ul>
<ul style="list-style-type: none"> <li>Practise at home in garden</li> <li>Club facilities closed</li> <li>Essential maintenance at clubs</li> </ul>	<ul style="list-style-type: none"> <li>Unorganised cricket between household members in a public space</li> <li>Club facilities remain closed</li> <li>Essential maintenance at clubs</li> </ul>	<ul style="list-style-type: none"> <li>Re-opening of clubs</li> <li>Coaching up to 2 households (max 8 people) per day</li> <li>Clubhouse facilities remain closed apart from access to toilets (from 1 July)</li> <li>Increased maintenance and facility upkeep</li> </ul>	<ul style="list-style-type: none"> <li>Increased club-based activity</li> <li>Up to 15 individuals can train from 5 households</li> <li>Up to 10 children and young people can take part in group activity (from 13 July)</li> <li>Clubhouse facilities open with limited services</li> <li>Normal maintenance and facility upkeep</li> </ul>	<ul style="list-style-type: none"> <li>Friendly fixtures between local clubs</li> <li>Return to club squad coaching</li> <li>Full clubhouse and facility usage</li> <li>Normal maintenance routine for club facilities</li> </ul>

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United

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Integrity