

CATERPILLAR CRICKET

TIME 30 mins

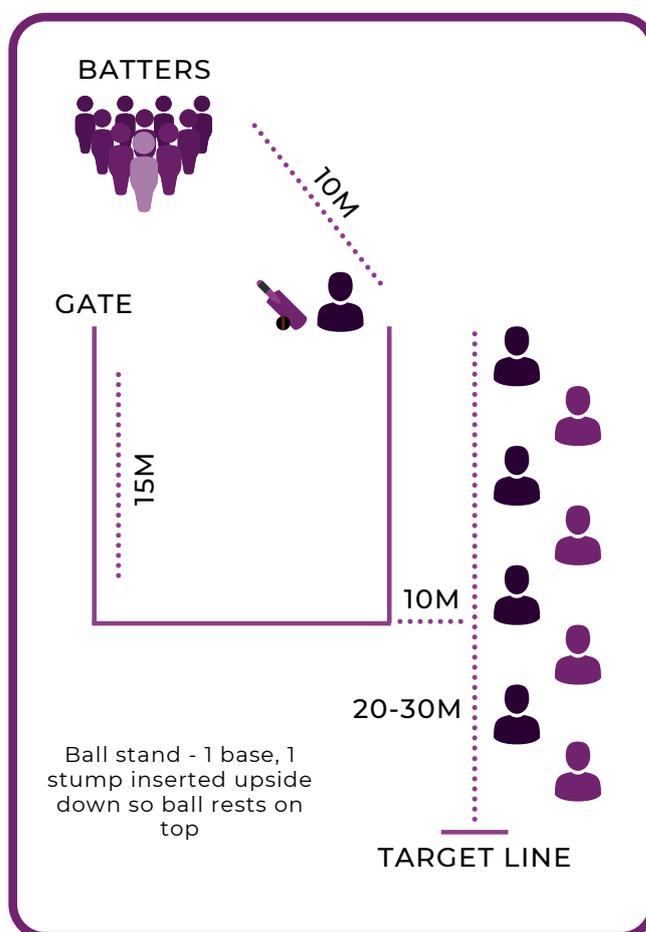
AIM To improve teamwork and improve basic striking and fielding skills

EQUIPMENT 1 bat, 1 tennis/soft ball (foam indoors), 2 Kwik Cricket bases and 4 stumps, 1 hoop, 8 cones

INSTRUCTIONS

- 1) Split into 2 teams, decide which team bats
- 2) Fielding team spread out behind target line
- 3) Batting team line up as in diagram
- 4) In turn, a batter strikes the ball from the top of the ball stand (placed in front of them) towards the target line
- 5) That batter then runs around the box and through the gate, followed in a straight line by the whole batting team
- 6) On return, that batter joins the back of the line for the next batter to repeat
- 7) The batting team do not run if the ball does not cross the target line or if the batter is caught
- 8) Left handed batters strike the ball from the other side of the ball stand
- 9) Once the ball has crossed the target line and been stopped by a fielder, the rest of the fielding team must form a line behind them. The ball is passed overhead in a straight line until it reaches the 5th fielder who then runs to touch the ball on the set of stumps

ORGANISATION



CATCHPHRASE

*"Don't be late...
get through the gate!"*

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TEACHING POINTS

- Each team bats until each batter has had an attempt at hitting the ball
- The number of batters who have run through the gate before the ball is touched on the stumps determines the number of runs scored that turn
- No runs are scored if the ball does not cross the target line or if the batter is caught
- Highest team score wins

IDEAS FOR PROGRESSION

- Increase or decrease the number of fielders in the line who have to handle the ball before it is touched onto the stumps
- Increase the distance run by extending the size of the box
- Involve all the fielders regularly, by naming specific fielders who must handle the ball on a particular turn
- Instead of hitting from a ball stand, the teacher serves the ball overarm one bounce to reach the batter at waist height