



Return to Cricket

Guidance for Indoor Cricket Activity Beyond Level 0

Updated 27/9/21

Introduction

Although Scotland has now moved to 'Beyond Level 0' caution is still required, and the following guidance should be considered.

Guidance for indoor sports facilities applies to non-contact cricket training and competition for registered Cricket Scotland clubs and groups. It should be read in conjunction with the latest Scottish Government guidance and the sportscotland guidance on [Getting your Facilities Fit for Sport](#).

This document refers to current Scottish Government guidance and is subject to change in response to the current COVID-19 Alert Level, community prevalence of COVID-19 and/or to reflect additional or updated Scottish Government guidance.

This guidance is not a 'one size fits all' approach as we appreciate indoor venues and facilities vary across Scotland and as such individual cricket clubs and groups should risk assess appropriately to ensure these procedures can be implemented.

Clubs and groups also need to make sure that they and their members are made aware and can adapt to changes in guidance at short notice. Information on Scottish Governments approach to managing COVID-19 is available at Scottish Government: [Coronavirus in Scotland](#).

People who are symptomatic, including close contacts, should self-isolate for 10 days as per NHS Scotland guidance. From the 9th August 2021 close contacts 18 years of age or over who have been double vaccinated for more than 14 days or 5 to 17- year-olds, with no symptoms, will be able to take a PCR test and end self-isolation if the result is negative.

No one who is self-isolating should attend a sports facility or activity.

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Test and Protect
Scotland's approach
to preventing
the spread of
coronavirus



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1 Key requirements for indoor sports facility operators

- To manage a safe return to organised sport and physical activity all clubs, facility operators and deliverers should have in place Test & Protect procedures to help break chains of transmission of Coronavirus (COVID19). Further information is available at Scottish Government: [Test & Protect](#).
- It is the responsibility of each club committee, sports facility operator and/or deliverer to appoint a responsible person/s, referred to as the COVID officer, to act as the point of contact on all things related to COVID-19. An e-learning module for COVID officers is available to support those undertaking the role [HERE](#).
- The COVID officer must ensure that full risk assessments, processes and mitigating actions are in place before any sport or leisure activity takes place. Specific consideration should be given to the needs of those who are at greater risk including some older adults or those with disabilities.
- Operators should check with their insurance company that correct and full insurance cover is in place and valid before any activity takes place.
- Operators should only open facilities when it is safe to do so and in accordance with Scottish Government guidance.
- Operators must ensure that users are made aware of the requirement to adhere to the relevant approved SGB guidance prior to any sport or physical activity being undertaken at the venue and reserve the right to intervene where there are any clear and visible breaches of this guidance by participants.
- Where such breaches take place operators should notify the nominated club/activity COVID Officer overseeing the activity and they should in turn take appropriate action to mitigate future risk and protect participants and the wider public.

2 Key requirements for clubs and groups using indoor facilities

- The club or group COVID Officer should ensure that the facility is compliant with current Scottish Government legislation including legislation and guidance related to COVID-19.
- The club or group COVID Officer must support *NHS Test and Protect* efforts by keeping a temporary record of all participants in any cricket activity and support NHS requests for data if needed. This data should be kept for 21 days and then destroyed. This data may be requested by the venue prior to activity and should be supplied if requested.
- Club or group members should ensure they are fully aware of the indoor venue COVID procedures and risks including being content with the risk assessment

3 Key requirements for cricket coaches using indoor facilities

- Coaches operating within clubs and facilities should liaise with the relevant COVID Officer before undertaking coaching and all sporting or physical activity must adhere to operator and relevant SGB Guidance.
- Coaches and others supporting organised sporting or physical activity should attempt to keep physically distant, but it is recognised that this will not always be possible to ensure the safety of participants. In such circumstances the responsible 'Covid Officer' should consider appropriate mitigating actions as part of the risk assessment.
- Coaches should be aware that local restrictions may be in place for sport and physical activity, and this should be considered as part of risk assessment planning and will dictate what activity can be coached, indoors and outdoors and to whom.

4 Prior to indoor cricket activity

- All participants (players, coaches, officials and volunteers) should check for symptoms of COVID-19. In line with current Scottish Government Guidance, if an individual is symptomatic and/or living in a household with a possible COVID-19 infection they should remain at home and follow Scottish Government guidance. In addition, any participants who have been asked to isolate by NHS Test and Protect because they are a contact of a known COVID-19 case, must not attend the training session.
- Participants should bring their own hand sanitiser where possible and maintain strict and frequent hand hygiene measures at all times.
- Clubs or groups should strictly limit the time spent congregating at a venue before activity begins. Meet-up times should reflect this. Participants should arrive changed and ready to begin the warm-up, if possible.
- The designated club or group COVID Officer should be involved in the planning of all indoor activity.

5 During indoor cricket activity

5.1 General Rules

- Participants should be encouraged to turn up at the venue with appropriate playing kit on
- Participants should not arrive more than 15 minutes before the activity start time.

5.2 Face Coverings

- All participants should be encouraged to wear face coverings before and after activity or when in non-playing areas of the facility e.g. reception and storage areas. This is a mandatory requirement.

5.3 Equipment

- Where possible Participants should limit sharing of equipment. If they do, they must practise strict hand hygiene before and after use and the equipment must be cleaned before use by another person.

5.4 Hand sanitisation

- Hand sanitiser can be used at all breaks in activity (every 20 mins) and prior to consuming any food or drinks.
- Participants should be discouraged from wiping their hands on the walls and doors of the sports hall, and to avoid any unnecessary touching of these surfaces. Participants should be advised to bring their own towel for drying hands.

6 After indoor cricket activity

- All participants should sanitise their hands after the completion of activity.
- Social gathering after the activity will be allowed in line with current Scottish Government guidelines on hospitality and physical distancing which must be maintained for adults and young people. Further advice on Physical Distancing is available [HERE](#).
- Clubs and groups should encourage all participants to download the NHS Protect Scotland tracing app designed to help us protect each other and reduce the spread of the coronavirus. More information is available [HERE](#).
- All participants must report any infection of their household to the NHS Test and Protect system following use of the facility to limit the spread of the virus. To find out more information on how to do this, click [HERE](#)