



Return to Cricket

Guidance for Club Cricket 2022

Updated 13/4/22

COVID-19 Restrictions

On 21st March, the Scottish Government's guidance on COVID-19 restrictions were lifted. Whilst a number of **sportscotland** recommendations for High Performance sport remain, Cricket Scotland has removed any cricket specific guidance for domestic cricket relating to COVID-19.

As such, clubs and leagues will no longer be required to follow any restrictions.

1 Good Practice

Cricket Scotland would recommend that clubs continue to demonstrate good practise in regards to hygiene to reduce the risk of COVID-19 transmission.

This should include, for example

- Keeping your venues clean
- Avoiding the sharing of water bottles or other refreshment containers.
- Ventilate your indoor spaces by opening windows and doors and using suitable mechanical ventilation where available.
- If you have Covid symptoms, consider getting tested and avoiding any unnecessary contact with your fellow club members.

Additionally, we recommend clubs continue to appoint a Covid Officer as the central point for any Covid related matters and to advise the club on the latest Scottish Government and NHS updates.

2 Show Respect For Others

Continue to be respectful to individuals at higher risk who may still wish to minimise their contact with other people. For example, by not shaking hands before games or physically distancing.

Please also respect the officials and note that it will be likely that umpires will not accept clothing or hats on the field of play.

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3 Cricket Teas

Please note that some regional associations have agreed to allow hosting clubs the decision on whether to provide teas or not. In this instance, it will be up to host club to inform opposition and official's pre-season. A number of clubs have already chosen that they will provide water etc but not food.

4 Change to Rules

CSMOA, with the support of Cricket Scotland, have decided to consistently adopt the MCC's changes to Law 41.3, regarding the prohibition of saliva use on the match ball, for the 2022 season across all domestic competitions they officiate in Scotland.

The change to this new Law which comes into force game-wide from October 2022, preserves the playing conditions widely adopted during the Covid period that prohibited the use of saliva to change the ball's condition. Instead of saliva, players can continue to use sweat to polish the ball, a practice that MCC's research found equally effective at allowing bowlers to swing the ball.'

5 Scottish Government Advice

COVID-19 is still a public health risk. You can catch it even if you've been vaccinated or had it before.

By continuing to care for ourselves and others, we can help slow down the spread of the virus, enable workplaces to operate safely and reduce pressure on health services.

To help keep yourself and others safe:

- get the vaccine or the vaccine booster
- if you don't have symptoms take lateral flow tests twice a week, and if visiting someone vulnerable or going to a crowded place
- if you have symptoms - self isolate and book a PCR test
- you must wear a face covering (unless exempt) in most indoor public spaces and on public transport
- open windows when meeting indoors
- wash your hands regularly, and cover your nose and mouth if coughing or sneezing
- work from home as well as the office if you can – businesses and workplaces should follow the safer workplace guidance
- use the apps: COVID status (vaccine passport) and Protect Scotland

For the latest advice, see [HERE](#)

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