



Inspiresport u18 Girls Schools Cup 2023 - Rules

1. Each team will consist of 8 players and teams will consist of pupils in S1-6 (u18)
2. Each school should provide one scorer and one umpire. (This can be the same person.)
3. All matches will be played using a 5 oz cricket ball and on a 22-yard pitch.
4. A toss will take place, with the away team getting to 'call'. The winning team may choose whether they bat or bowl first.
5. Each innings will consist of 10 overs, or until the final wicket falls.
6. There is no limit to the number of runs that an individual batter can score. A bowler may bowl no more than 2 overs.
7. All Laws of Cricket relating to methods of dismissal, and age-related guidance, apply.
8. The penalty for each no-ball and each wide ball will be 1 run. An extra delivery will be bowled immediately following each no-ball and each wide delivery. In addition, the delivery immediately following a front-foot 'no ball' will be a free-hit for whichever batter is on strike. (A field change is only permitted if the batters have swapped ends during the completion of the 'no ball' delivery.)
9. A maximum of 8 ball overs – (even if more than 2 wides or no balls have been called)
10. A wide ball is a delivery which the umpire judges that the batter cannot be reasonably expected to hit. (Please note that every delivery

which passes on the leg-side of the batter should not be called as a 'wide ball'. Only deliveries which the umpire judges that the batter could not be reasonably expected to hit should be called as a 'wide ball'.)

11. The team which scores the greater number of runs will be declared as the winner. In the event of both teams scoring the same number of runs, the team which has lost fewer wickets will be declared the winner. If this still does not separate the teams, then the game should be decided by the teams playing a 'Super Over'. (Each team bats for one further over, which is bowled by one bowler. If a team loses 2 wickets in that over, their innings is immediately declared closed. Again, the higher total wins. If this does not separate the teams, wickets are taken into account. If still tied, another 'Super Over' occurs...until a winner is found.)
12. The team that wins the their first round fixture will proceed to Finals' Day on Friday 16 June 2023 at Fettes College. Please email nicolawilson@cricketscotland.com to confirm the result of your fixture, with a "short scorecard" if possible.